

STUDENT NAME: \_\_\_\_\_

SCHOOL: **Riverdale Public School**

GRADE: \_\_\_\_\_

**Health and Family Life Education: Human Relationships and Sexuality School Year  
2023-2024**

Dear Parent or Guardian:

The purpose of this letter is to provide notification of Health and Family Life Education lessons for your child's class this school year. This instruction can include lessons on sensitive topics related to puberty, sexuality, and personal hygiene. The material provided is for the purposes of implementing a program consistent with content outlined in New Jersey Core Curriculum Standard 2.1: Personal and Mental Health. Pursuant to N.J.S.A. 18A:35-4.7, any child whose parent or guardian presents to the school a signed statement that any part of instruction in health, family life education, or sex education conflicts with his or her conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course. The 2020 New Jersey Student Learning Standards can be found at

<https://www.nj.gov/education/cccs/2020/2020%20NJSL-CHPE.pdf>

**If you do not want your child to participate in Health and Family Life Education: Human Relationships and Sexuality**

Please complete and submit to your child's school principal only if you do not want your child to participate in Health and Family Life Education: Human Relationships and Sexuality.

PLEASE CHECK and SIGN BELOW:

\_\_\_\_\_ I DO NOT want my child to participate in Health and Family Life Education.

Parent or Guardian Name (please print) \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

\*This form is good for the 2023-2024 school year only.

**\*\*IT IS NOT NECESSARY TO SUBMIT THIS SIGNED DOCUMENT IF YOU WANT YOUR CHILD TO PARTICIPATE IN HEALTH AND FAMILY LIFE EDUCATION CLASS\*\***